



4^{the}RECORD

Resource Sheet

New York City



Healthcare Resources

Ali Forney Center

Secure housing with stability, support, and comprehensive services for LGBTQ+ homeless youth

<https://www.aliforneycenter.org/>

Phone: (212) 222-3427

New York City Department of Health

Gain access to free teen clinics near you, including resources for finding condoms, contraceptives, STD testing/treatment, HIV testing, and pregnancy testing

<https://www1.nyc.gov/assets/doh/downloads/pdf/std/teens-clinics.pdf>

New York State Office of Mental Health

Find a mental health program

<https://my.omh.ny.gov/bi/pd/saw.dll?PortalPages>

The Center

Connect with the Lesbian, Gay, Bisexual & Transgender Community Center

<https://gaycenter.org/>

Community Healthcare Network

Identify healthcare centers throughout Brooklyn, the Bronx, Queens, and Manhattan

<https://www.chnnyc.org/about/mission/>

Phone: (866) 246-8259

The Samaritans

Gain access to 24-hour suicide prevention center in New York City

<https://samaritansnyc.org/>

Phone: (212) 673-3000

Safer Sex and COVID-19

Get tips from the NYC Department of Health on navigating sex and intimate relationships during COVID-19

https://mcusercontent.com/9410d6ac3d0e7d3dad7d55393/files/5a6f82e3-1358-311d-Q188-4fe63d186f9a/covid_sex_guidance.pdf

NYC Well

Gain access to 24/7 free counseling services

Phone: 888-692-9855 or text "WELL" to 65173

Chat: <https://nycwell.cityofnewyork.us/en/>



Wellness Resources

Central Park

Step away from hectic schedules and deadlines on 693 acres of man-made gardens, meadows, forests, and rolling hillsides

Whitney Museum of American Art

Check out influential works of art accessible on Friday nights with a “pay what you wish” ticket, available from 7 p.m. to 9:30 pm

<https://whitney.org/>

Brooklyn Bridge Park

Play and rest in this waterfront park <https://www.brooklynbridgepark.org/places-to-see/playgrounds/>

New York Public Library

Visit one of NYC's most iconic libraries, maybe taking one of the free one hour daily tours

<https://www.nypl.org/>

Knitting Factory Brooklyn

Take a moment to laugh with their free Sunday night comedy shows

<https://bk.knittingfactory.com/>

The Door

Secure services for young people in New York City including reproductive healthcare, mental healthcare, educational resources, free meals, and more

<https://door.org/about-door/>

Protecting the East

Visit this social justice center with a focus on protecting the East Side of New York City, providing ESL courses, citizenship prep classes, sexual health workshops, and condom distribution programs

<https://ucceny.org/protecting-the-east/>

Project Safe

Check out leadership and HIV peer education for young people 14-19

<https://www.prysafe.com>

RiseBoro Community Partnership

Secure resources to New Yorkers for housing, education, health, and more

<https://riseboro.org/>

